

## Is Work Too Hard?

Many kinds of work wear out the kidneys, and kidney trouble makes any kind of work hard. It brings morning lameness, backache, headache, nervousness, rheumatism and urinary troubles. If your work is confining, strains the back, or exposes you to extreme heat or cold or damp, it's well to keep the kidneys active. Doan's Kidney Pills are reliable and safe. Thousands recommend them.

### An Illinois Case

Henry Klug, 410 St. Eighth St., East St. Louis, Ill., says: "I had trouble from my kidneys and was annoyed by too frequent and distressing passages of the kidney secretions. My back bothered me mostly at night and annoyed me also during the day. On a friend's suggestion I tried Doan's Kidney Pills and they did me of all the trouble."

Get Doan's at Any Store, Or a Box of **DOAN'S KIDNEY PILLS** POSTER-MILBURN CO., BUFFALO, N. Y.

## APPENDICITIS

If you have been threatened or have GALLBLADDER, HEMORRHOIDS, OR PAINS IN THE RIGHT SIDE write for reliable book of information FREE.

Saskatchewan, Canada, offers an inviting market for American clothing, groceries and machinery.

**WOMAN'S CROWNING GLORY** is her hair. If yours is streaked with ugly, grizzly, gray hairs, use "La Creole" Hair Dressing and change it in the natural way. Price \$1.00.—Adv.

**Good Reason.** "Oh! Why did I marry you?" "Because I didn't know any better."—Life.

## GOOD FOR HUNGRY CHILDREN

Children love Skinner's Macaroni and Spaghetti because of its delicious taste. It is good for them and you can give them all they want. It is a great builder of bone and muscle, and does not make them nervous and irritable like meat. The most economical and nutritious food known. Made from the finest durum wheat. Write Skinner Mfg. Co., Omaha, Neb., for beautiful color book. It is sent free to mothers.—Adv.

## WOMAN HAD TRUE CHARITY

Refusal to Judge Others Harshly Proves Possession of the Highest Christian Character.

There lived a short time ago a woman who never occupied, or aspired to occupy, a conspicuous position in the world but who was beloved by all who knew her. The secret of her charm lay in her charity—not the charity of giving, although she was always openhanded to those in need—but the broader charity that consists in tolerance toward the frailties of others. When gossip, even gossip not unduly harsh, assailed even or woman she invariably met it with the one response: "Well, now, maybe if you knew all about the case you'd find the poor man (or woman) wasn't so much to blame after all."

What an insight into a Christian character that remark conveys. And what a lesson in Christian charity it teaches. It is the Ten Commandments in a single sentence. Philosophers or theologians never uttered a more beautiful thought for mankind to ponder over. Epigram maker never directed a more perfect shaft.

What a different world it would be if everyone judged the world's people that way.—Youngstown Telegram.

**Why It Was Returned.** Henry Here's the umbrella you loaned me yesterday.  
Owner: That's strange.  
Henry: What's strange?  
Owner: I had no idea it was in such bad condition as that.

**When the Home Team Lost.** "Charley, dear," said young Mrs. Torkins, "do you believe in going according to the will of the majority?"  
"Of course. Everybody does."  
"Then why doesn't the baseball umpire try to make his decisions that way often?"

Some men invest in hair tonic as soon as they begin to come out on top.



## Sunny Dispositions

and good digestion go hand in hand, and one of the biggest aids to good digestion is a regular dish of

## Grape-Nuts

This wonderfully delicious wheat and barley food is so processed that it yields its nourishing goodness to the system in about one hour—a record for ease of digestion.

Take it all 'round. Grape-Nuts contributes beautifully to sturdiness of body and a radiant, happy personality.

Every table should have its daily ration of Grape-Nuts.

"There's a Reason"



New Style in Matched Sets.

It is wonderful how big a part is played by cleverness of designing in the making of attractive clothes. Probably the women who get the most satisfaction out of their personal belongings are those who have comparatively small incomes to spend on themselves. They must exercise their wits, and they become observant; they learn to achieve style. This is more than some very rich women seem able to do.

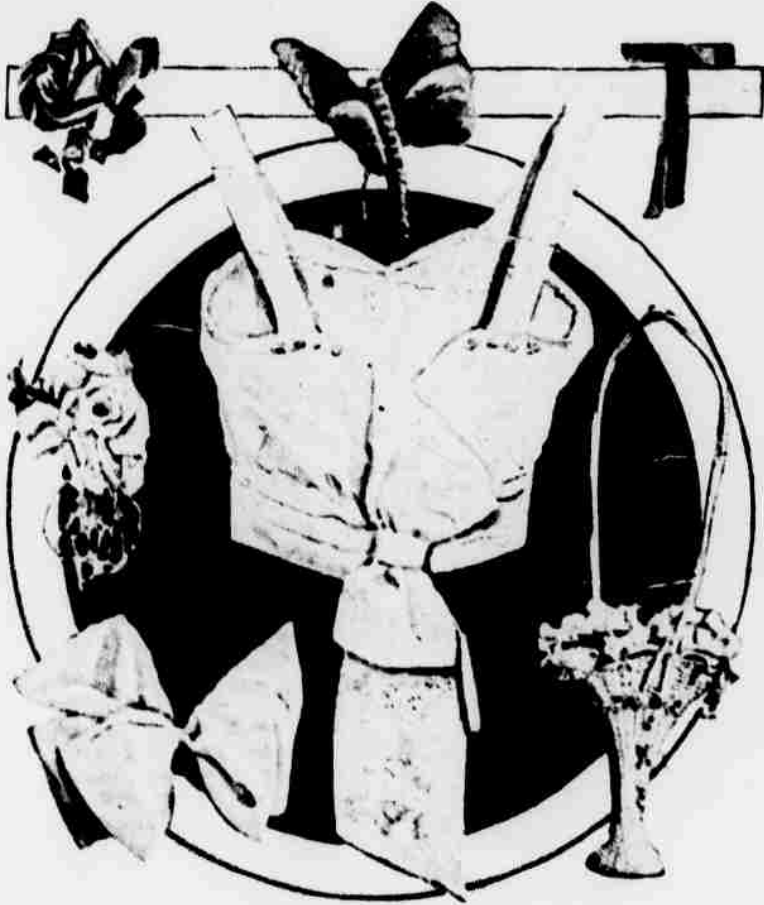
Appropriately, there are very elegant and inexpensive matched sets, of two or three pieces, among the smart accessories which the woman of small means uses to great advantage. Hats and neck pieces, or sets that include a muff, made to match, possess what the merchandising world calls "class." These sets a clever woman will have no trouble in making for herself. They are usually combinations of velvet and fur, or velvet and silk for dressy wear, or other materials for sports wear.

A two-piece set is illustrated here, including a turban and scarf made of velvet decorated with fur bands and

finished with ornaments. Dark brown velvet, in a strip about two and a half yards long, is lined with brown satin, and a band of beaver or other fur is set on at that portion of the scarf which wraps about the shoulders. This fur band is also lined with satin. The ends of the scarf are trimmed into points. Where the fur terminates the scarf is gathered up and sewed to a metallic or beaded ornament.

The turban is a simple but original affair with a band of fur about the coronet. About a half yard of velvet is folded crosswise to form the crown. It is sewed together along the selvedge edges, and wired. The raw edges are sewed into the coronet. An ornament, like those on the scarf, finishes this odd, attractive hat.

Pretty sets for skating or other wear in wintry weather are made of eider-down or white chinchilla. They include a plain scarf, a cap, and a muff. Heavy white zephyr yarn is used in their finish and decoration, and similar sets are made in bright green, light brown or rose color.



Seen at the Ribbon Section.

Already ribbon departments in the big city shops have begun to add new luxuries in the way of dress accessories, to their displays. Which means that the first signs of Christmas have arrived, for there is no part of the store which feels its influence more than the ribbon section.

Bags and cushions appropriate to themselves just now are the major part of the new showings. They are gorgeous affairs made of rich ribbons that are broadened with gold and silver threads and in the warm deep colors of today. But bags are a long story in themselves, and there are so many of them that their record must be continued and continued, but never concluded.

Among the prettiest dress accessories are little over-bodices and negligees, the latter of lace or net and ribbon. One of the bodices is shown at the center of the picture. It is made of light pink, broadened ribbon and is supported by shoulder straps. There is a folded girle of the ribbon at the waistline finished with a bow and ends at the front. Gay little flowers made of

baby ribbon are set at the base of each shoulder strap.

For the hat there are the usual hair bows of plain tulle or faulle ribbon, often having a narrow satin border, for young girls. There are hair ornaments for older women, including butterfly-ribbons of velvet ribbon that may also be used for the corsage. There are several kinds of bows and ties of narrow velvet ribbon, and there are many corsage roses both in satin and velvet. Rosettes and veils are shown for table decorations, also, and the newest arrivals for this purpose are ribbon peepies and ribbon tulips. The peepies are arranged in baskets, but the tulips, in many colors, stand primly up in two rows springing from small boxes.

*Julia Bottomley*

Sailor Hats. The sailor continues to be the most fashionable millinery shape for general wear.

**Embroidering Handkerchiefs.** Buy a dainty bar handkerchief of white linen and get some heavy wash silk in one of your favorite colors. Outline the bars with a simple stitch and trim the edge with a fine cross-stitch. This work is simple but exceedingly effective.

**Evening Bag of Satin.** If you have a yard or more of hand-some satin ribbon you can convert it into a handsome evening bag by using a little time and skill. Fold the satin

across once and sew up the three sides. Face the open ends and put a draw-string through of silken cord, the same color as the bag. You may decorate one side with a hand-painted floral design and work a garland of flowers, fashioned of small beads on the other. Or feathers left over from an evening fan, sewed on with care, will make a handsome decoration.

Some of the new skirts sweep the floor in an even line, and are trained at the back.

## REJUVENATING AN OLD APPLE ORCHARD



WELL-PRUNED TWELVE-YEAR-OLD APPLE TREE.

How to rejuvenate an old orchard so as to get real money out of it, was told by Dr. J. H. Merrill of the entomology department of the agricultural college at a recent meeting of the Kansas State Horticultural society in Topeka. Doctor Merrill said in part:

"The first steps to be taken in rejuvenating an old orchard depend upon the time of the year when the work is to be started. If in the winter, pruning will come first, but if in the spring, spraying. It is better, however, to start with pruning, as this will greatly simplify the spraying which is to follow.

"Every tree is an individual problem. There are a few general principles upon which a man may work, but the solution of the matter is finally dependent on the grower's own judgment. It is well to keep in mind a general idea as to the kind of tree you desire finally to get. The presence of a large number of dead, diseased and broken limbs which must be removed will upset plans to a certain extent, but this can be largely overcome by eventually forcing new growth into these vacant places in the tree.

"Every man has his own idea as to the best way to prune a tree. An effective method is to begin at the lower part and work your way upward, removing all dead, broken, diseased and overlapping limbs on your way up. After reaching the top of the tree, you are in a position to plan how to make a tree out of what is left. If the tree is old, the chances are that it is high and therefore impossible to spray thoroughly. The limbs are usually too weak and slender to support many apples and it would cost more than the apples were worth to pick them, if there happened to be any. Therefore, while you are in the top of the tree, head back these high limbs to such a height that they may be easily sprayed and that fruit can be picked economically.

"Each cut should be slanting, so as to shed the water, and should be made just above a lateral branch. If the cut is made in this way, the lateral branch will serve to draw up the sap and the wound will heal over nicely. It is generally acknowledged that the best apples are borne at the top of the tree, but wouldn't this be just as true if the trees were 15 instead of 50 feet high?

"Sunlight is necessary if the apples

are to color well. If, after worthless wood is removed, the tree still seems too thick, some thinning may be done, but too much wood should not be removed at one time. More satisfactory results will be obtained if three years are allowed in which to put the tree into satisfactory shape. If possible, however, some of the center branches should be taken out to give the sunlight an opportunity to get down into the tree and color the fruit.

"As the tree grows in its natural state, there is a balance between the root system and the crown, or that portion above the ground. When a large amount of wood is taken from the tree, as in the case of heavy pruning, this balance is disturbed. The root system remains the same, but there is not enough wood above ground to utilize the plant food which the roots have stored; consequently, in the following season a large number of water sprouts will be put out by the tree.

"If the tree has been high-headed, with most of the bearing wood at the top, and this you have removed in heading the tree back, it will be necessary to start some new bearing wood in the lower part of the tree. This can be done by making use of the water sprouts. Unless they are too thick, it is well to leave most of them for the first year, but they should be cut back to three or four buds. By this method you will provide leaf surface enough to take care of the plant food which the roots are sending up, and the cutting back of the water sprouts will cause them to develop fruit spurs.

Thus the bearing wood may be changed to the lower part of the tree. "The second year the undesired water sprouts may be removed. Those which you wish to save for permanent bearing wood should be left about 12 inches apart. The water sprouts which later appear and are not wanted, may be rubbed off when they are small buds. Clipping the ends of the branches will force out new growth further back on the limb and will also have a tendency to make the branch thicker, thus enabling it better to support the weight of a crop of apples. Every branch should be cut as close as possible to the limb from which it is being removed. The greatest care should be taken not to disturb any more of the fruit spurs than necessary as it takes a long time for these to develop."

## CULTIVATING TREES TO KILL INFECTION

There Is No Positive Cure for Root Rot—Lives in Soil and Hard to Destroy.

Replying to an inquiry as to the cause of fruit trees dying, Dr. R. H. Forbes, director of the Arizona agricultural experiment station, says: "So far as I can tell from your letter it looks as though your fruit trees were affected with root rot, which attacks the trees at a distance below the surface of the soil and works up to within a few inches of the surface, when the trees, being deprived of their root system, suddenly die. This disease is favored by over-irrigation and lack of cultivation, these being conditions which result in insufficient aeration of the soil. Inasmuch, therefore, as root rot thrives with insufficient aeration, the best preventive measure is to apply sufficient, but not too much, irrigating water, and to cultivate thoroughly after every irrigation. These precautions will contribute materially to the health of the trees. There is no positive remedy that can be suggested for diseased trees and the infection, since it lives in the soil, is very difficult to get rid of. Irrigate with care, therefore, and cultivate thoroughly in order to lessen the damage as much as possible.

## CLEAN WATER IS ESSENTIAL

Watering Places in Most Pastures Are Mere Mudholes—Make Use of Old Oil Barrel.

Most pasture watering places are mere mudholes. It is easy to provide clean water by sinking a large oil barrel half way into the ground. The earth around the barrel should be paved with stones or brick.

**Keep Supply of Bolts.** It is cheaper to buy a good supply of bolts and nuts than to spend 15 minutes each time one is wanted taking it out of some other piece of machinery.

**Scrub Is Unprofitable.** Neither the scrub nor the poorly-fed animal can pay a reasonable profit above its care and feed.

**Community Comfort.** Cleanly conditions count for community comfort.

## CONTROL OF CLOVER LEAF WEEVIL PEST

Light Pasturing Will Dispose of Many of Insects—Clipping Also Assists.

The Pennsylvania department of agriculture has received several inquiries recently from farmers in the eastern counties about a worm working upon the clover. The specimens submitted with these letters show that the damage is being done by the larvae of the clover leaf weevil.

As yet there is no successful method of controlling this pest, but the following methods will alleviate the trouble to some extent.

Lightly pasturing the clover will dispose of many of the insects, for they will either be eaten by the stock or be killed by trampling. Lightly clipping the clover with the mowing machine will also help, but it has the disadvantage that it is possible for the worms to live some time or until new growth has started, by feeding upon the clippings that have fallen to the ground.

## KEEPING UP THE MILK FLOW

Silage, Grain and Hay Should Be Fed to Cows When Pastures Begin to Run Down.

In order that best results may be secured, silage, grain and hay should be fed to dairy cows, now that the pasture fields are furnishing less feed. Corn is a cheap and efficient addition to grass, if the pastures are dry when the corn is green. If the milk flow once goes down it is almost impossible to raise it again before the next freshening period. If a good barn is used less feed will be required and better results will be secured.

## It All Helps.

The farm boy or girl likes to live in a good house. The call of the city is largely a call of the better house, the house better adapted to being made a home.

**Bait Supply for Calves.** Keep salt where the calves can have free access to it. They need the mineral matter which it contains.

**Thunder Doesn't Sour Milk.** Thunder doesn't sour milk—not if the milk has been properly cared for.

**SOAP IS STRONGLY ALKALINE** and constant use will burn on the scalp. Cleanse the scalp by shampooing with "La Creole" Hair Dressing, and darken, in the natural way, those ugly, grizzly hairs. Price \$1.00.—Adv.

## New Fish Bait Declared Good.

The United States bureau of fisheries reports that on the last cruise of the Fish Hawk in Chesapeake bay samples of crayfish meat, put up in brine, were distributed among crab fishermen and dealers, to test its value and the possibility of introducing it as a substitute for some of the baits now on the market. Fishermen who have tried the crayfish say that it is a very good bait.

## Whenever You Need a General Tonic Take Grove's.

The Old Standard Grove's Tonic is equally valuable as a General Tonic because it contains the well known tonic properties of QUININE and IRON. It acts on the Liver, Drives out Malaria, Enriches the Blood and Builds up the Whole System. 50 cents.

## Economy With Caution.

"Have you ever studied political economy?" "Sure," replied Senator Sorghum; "but when it comes to handling for votes, I don't believe it being strategy."

## THIS IS THE AGE OF YOUTH.

You will look ten years younger if you darken your ugly, grizzly, gray hairs by using "La Creole" Hair Dressing.—Adv.

## No Place for Jokes.

"I see the word 'Joke' is to be left out of the marriage ritual."  
"Yes," the church people evidently thought the ritual was no place for a joke.—Houston Post.

## WIFE TOO ILL TO WORK

### IN BED MOST OF TIME

Her Health Restored by Lydia E. Pinkham's Vegetable Compound.

Indianapolis, Indiana.—"My health was so poor and my constitution so run down that I could not work. I was thin, pale and weak, I weighed but 100 pounds and was in bed most of the time. I began taking Lydia E. Pinkham's Vegetable Compound and five months later I weighed 125 pounds. I do all the house-

work and washing for eleven and I can truthfully say Lydia E. Pinkham's Vegetable Compound has been a godsend to me for I would have been in my grave long ago but for it. I would tell all women suffering as I was to try your valuable remedy."—Mrs. Wm. Gamm, 215 S. Addison Street, Indianapolis, Indiana.

There is hardly a neighborhood in this country, wherein some woman has not found health by using this good old-fashioned root and herb remedy.

If there is anything about which you would like special advice, write to the Lydia E. Pinkham Medicine Co., Lynn, Mass.

## W. L. DOUGLAS

"THE SHOE THAT HOLDS ITS SHAPE"

\$3.00 \$3.50 \$4.00 \$4.50 & \$5.00 STEEL.

Save Money by Wearing W. L. Douglas shoes. For sale by over 9,000 shoe dealers.

The Best Known Shoes in the World.

W. L. Douglas name and the steel strip is stamped on the bottom of all shoes at the factory. This is a guarantee and the wearer protected against high prices for inferior shoes. The retail prices are the same everywhere. They cost no more in San Francisco than they do in New York. They are always worth the price paid for them.

The quality of W. L. Douglas product is guaranteed by more than 40 years experience in making fine shoes. The most experienced and the finest shoemakers of America. They are made in a well-equipped factory at Brockton, Mass., by the highest paid, skilled shoemakers, under the direction and supervision of experienced men, all working with an honest determination to make the best shoes for the price that money can buy.

Ask your shoe dealer for W. L. Douglas shoes. If he cannot supply you with the kind you want, take no other name. Write for interesting booklet explaining how to get shoes of the highest standard of quality for the price, by return mail, postage free.

LOOK FOR W. L. Douglas name and the retail price stamped on the bottom.

W. L. Douglas Shoe Co., Brockton, Mass.

Method in his Madness.

"You say Mrs. Naggs was here during my absence?" said the superintendent.

"Yes, sir," was the reply. "She called to see about taking her husband home, but he positively refused to go—said he would rather stay here."

"I always thought there was something wrong about that man," said the superintendent. "He isn't crazy at all."

**IMITATION IS SINCEREST FLATTERY** but like counterfeit money the imitation has not the worth of the original. Insist on "La Creole" Hair Dressing—it's the original. Darkens your hair in the natural way, but contains no dye. Price \$1.00.—Adv.

## Then She Called Him a Brute.

"Oh, Jack, I expect I shall be awfully stupid now," said the young wife, when she returned from the dentist's.

"How's that?" asked her husband in surprise.

"I've just had my wisdom teeth pulled," she mourned.

"Oh, dear, oh—the idea that wisdom teeth have anything to do with wisdom is quite absurd," hubby reassured her. "If you had every tooth in your head pulled, it couldn't make you a bit stupider than you are now, you know."

## Elusive Stove.

"Has the furnace gone out, Bridget?" "It didn't come through here, mum."—Facts and Fancies.

## Cardinal Wins Suit.

After a trial in the United States District Court of Chicago, before Judge Carpenter and a federal jury, the jury found the American Medical Association guilty of libeling Cardinal, the winner of a suit, which they had denounced as a "hoaxum."

This is a vindication of the medicine and a proof that it has merit, which was recognized by a jury after a trial of three months, one of the longest civil cases on record.

Many doctors and chemists testified on both sides and the evidence totaled nearly four million words.

## Safety First.

Young Cheeky—Sir, I have come to ask for the hand of your daughter in marriage.

Old Gortex—But, my dear sir, she is only a schoolgirl of twelve.

Young Cheeky—Yes, I am aware of that. But I came early to avoid the rush.

## The Evening's Embellishments.

"Why don't you join our literary club?"

"I don't play cards, or dance the modern dances."

Pimples, boils, carbuncles, dry up and disappear with Doctor Pierce's Golden Medical Discovery. In tablets or liquid.—Adv.

The hard tack issued to soldiers is not as hard as the one you discovered with your bare foot.

The longest-wearing light weight rubbers you can buy—20,000,000 pairs have absolutely proved it

Ask for **GOODRICH STRAIGHT-LINE RUBBER OVERSHOES**—not just "rubbers"

Slip as a glove in fit, light on your feet, and stylish—most in appearance, with "double the wear in every pair" over what other rubbers will give you—there you have the reasons why 20,000,000 pairs of them have been sold on their quality alone.

The Only Boots and Shoes in the World that are made like—and wear like—Goodrich Auto Tires

**"HIPRESS"** WITH THE RED LINE 'ROUND THE TOP

New auto tire tread rubber—bought at mill—in every pair. ONE SOLID PIECE construction, same as Goodrich Tires. Won't leak or split like others. Give 2 (and 3) times usual wear on 4,000,000 pairs have proved. Try a pair!

The Original BROWN Rubber Boots and Heavy Shoes. The E. F. Goodrich Company, Akron, Ohio. Makers also of VERTAN—the Goodrich Sole that outlasts leather on Goodrich shoes.